



# Pacific Union School District

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April 6, 2021

Dear Pacific Union Families,

Humboldt County Public Health (HCPH) released updated travel guidance this week. Travel and quarantine requirements are changing quickly. I have summarized the changes below, but you can find the full letter from HCPH by clicking [here](#). *The new guidance has the largest impact on those in our community who are fully vaccinated and it eliminates the previous 120 mile limit for travel for those who are not vaccinated.* Thank you for your patience and taking the time to read the new update.

These guidelines apply only to non-essential travel. If your family must travel for medical or other essential reasons and you follow preventative measures, you do not need to quarantine.

- People who are [fully vaccinated with an FDA-authorized vaccine](#) can travel safely within the United States.
  - Fully vaccinated travelers are less likely to get and spread COVID-19, and can travel safely within the United States and California. They should follow [CDC travel guidance](#) and are not required to test or quarantine before or after travel unless they have [symptoms concerning for COVID-19 disease](#).
- If you travel within California AND follow preventative measures including masking, limiting contact with those outside your household, social distancing, and good hand hygiene, you do not need to quarantine.
- There is no need to quarantine an entire household if not all members traveled. Monitor for symptoms and consider masking and distancing until the traveler has completed their quarantine.
- If you are not able to follow preventative measures, are not fully vaccinated, or if you travel outside of California, follow the quarantine protocol below:
  - Get tested. It is best to get tested 3-5 days after your return and quarantine for a total of 7 days if your test is negative. Monitor yourself for symptoms.
  - If you do not get tested, quarantine for 10 days and monitor for symptoms.

The daily health screening questions regarding travel and exposure will be updated again to reflect the new guidance. If you do travel and will have to quarantine after, please let your child's teacher know in advance so they can prepare supplies for distance learning while you quarantine.

Again, thank you for working with us to make Pacific Union School such a great place for our kids.

Sincerely,

*Rene L. McBride*